

ISA East Anglia Regional Competition Dates 2022-23

<u>Event</u>	<u>Date</u>	<u>Venue</u>	<u>Age Group</u>	<u>Gender</u>	<u>Time</u>	<u>Organisers Name</u>	<u>Email</u>	<u>School</u>
EA Junior Swimming	Thursday 6th October	Crown Pools Ipswich	Yr 4 - 6	Mixed	12:00 to 15:30	Adam Dowson	adam.dowson@colchesterhighschool.co.uk	Colchester High School
U10 Boys Football	Wednesday 12 th October	Alleyn Court	U10	Boys	10:00 to 14:00	Noel Smith	nsmith@alleyn-court.co.uk	Alleyn Court
U9 Boys Football	Thursday 13 th October	Alleyn Court	U9	Boys	10: to 14:00	Noel Smith	nsmith@alleyn-court.co.uk	Alleyn Court
EA Senior Swimming	Thursday 10 th November	Crown Pools Ipswich	Yrs 7 - 11	Mixed	10:00 to 13:30	Adam Dowson	adam.dowson@colchesterhighschool.co.uk	Colchester High School
EA U11 Netball	Wednesday 18 th January	Alleyn Court	U11	Girls	11:00 to 15:00	Noel Smith	nsmith@alleyn-court.co.uk	Alleyn Court
EA Junior Football	Friday 27 th January	Alleyn Court	Yrs 5 & 6	Boys	11:00 to 16:00	Noel Smith	nsmith@alleyn-court.co.uk	Alleyn Court
EA Junior & Senior XC	Friday 10 th February	Finborough	Yrs 4 - 11	Mixed	11:00 to 15:00	Kate Simpson	ksimpson@finboroughschool.co.uk	Finborough
EA U10 Girls Netball	Wednesday March 15 th	Ursuline TBC	U10	Girls	11:00 to 14:00			TBC
EA U11 Tag Rugby	TBC	Woodlands, Great Warley	U11	Mixed	10am	Robert Stanley	Robert.Stanley@WoodlandsSchools.co.uk	Woodlands
EA Senior Athletics	TBC	Cambridge	Yrs 7 - 13	Mixed	11:00 to 15:30	Grace Grindrod	grace.grindrod@sanctonwood.co.uk	Sancton Wood
EA Junior Athletics	Wednesday 24 th May	Garon Park	Yrs 4 - 6	Mixed	10:30 to 15:30	Noel Smith	nsmith@alleyn-court.co.uk	Alleyn Court