

ISA East Anglia Regional Competition Dates 2024-25

Event	Age Group	Gender	NQ	Venue	Date	Time	Organiser Name	Organiser Email
Junior Swimming	U9-U11	F/M	Yes	Crown Pools Ipswich	10 October 2024	12-4	Adam Dowson	adam.dowson@colchesterhighschool.co.uk
EA U10 Football	U9	M	No	Alleyn Court	26 February 2024	11-2	Noel Smith	nsmith@alleyn-court.co.uk
EA U9 Football	U10	M	No	Alleyn Court	27 February 2024	11-2	Noel Smith	nsmith@alleyn-court.co.uk
EA Senior Swimming	U12- U16	F/M	Yes	Crown Pools Ipswich	7 November 2024	12-4	Adam Dowson	adam.dowson@colchesterhighschool.co.uk
EA Junior Table Tennis	U11	F/M	No	Stoke College	TBC	12-4	Josh Evans	j.evans@stokecollege.co.uk
EA Senior Table Tennis	TBC	F/M	No	Stoke College	TBC	TBC	Josh Evans	j.evans@stokecollege.co.uk
EA U13 Netball	U13	F	Yes	Ipswich High School	TBC	TBC	Rebecca Stewart	marc.holland@saintpierreschool.co.uk
Senior X- Country	U12- U16	F/M	Yes	TBC	3 February 2025	TBC	Marc Holland	marc.holland@saintpierreschool.co.uk
EA U11 Football	U11	M	Yes	Len Forge, Southend	16 January 2025	11-3	Noel Smith	nsmith@alleyn-court.co.uk
EA U11 Netball	U11	F	Yes	New Hall School	7 February 2025	TBC	Emma Payne	E.Payne@newhallschool.co.uk
EA Junior X-Country	U9-U11	F/M	Yes	Littlegarth	14 February 2025		Sarah Atherton	satherton@littlegarth.org
EA U10 Girls Netball	U10	F	No	Ursuline	18 March 2025	TBC	David Lewis	pe@ursulineprepwarley.co.uk
EA U11 Tag Rugby	U11	F/M	No	Woodlands, Great	27 March 2025	TBC	Robert Stanley	Robert.Stanley@WoodlandsSchools.co.uk
EA Senior Athletics	U12- U18	F/M	Yes	Warley	23 May 2025	TBC	TBC	marc.holland@saintpierreschool.co.uk
EA Junior Athletics	U9-U11	F/M	Yes	TBC	2 June 2025	TBC	Marc Holland	marc.holland@saintpierreschool.co.uk

Age groups U7=Year 2, U8=Year 3, U9=Year 4, U10=Year 5, U11=Year 6, U12=Year 7, U13=Year 8, U14=Year 9, U15=Year 10, U16=Year 11, U18=Year 12&13